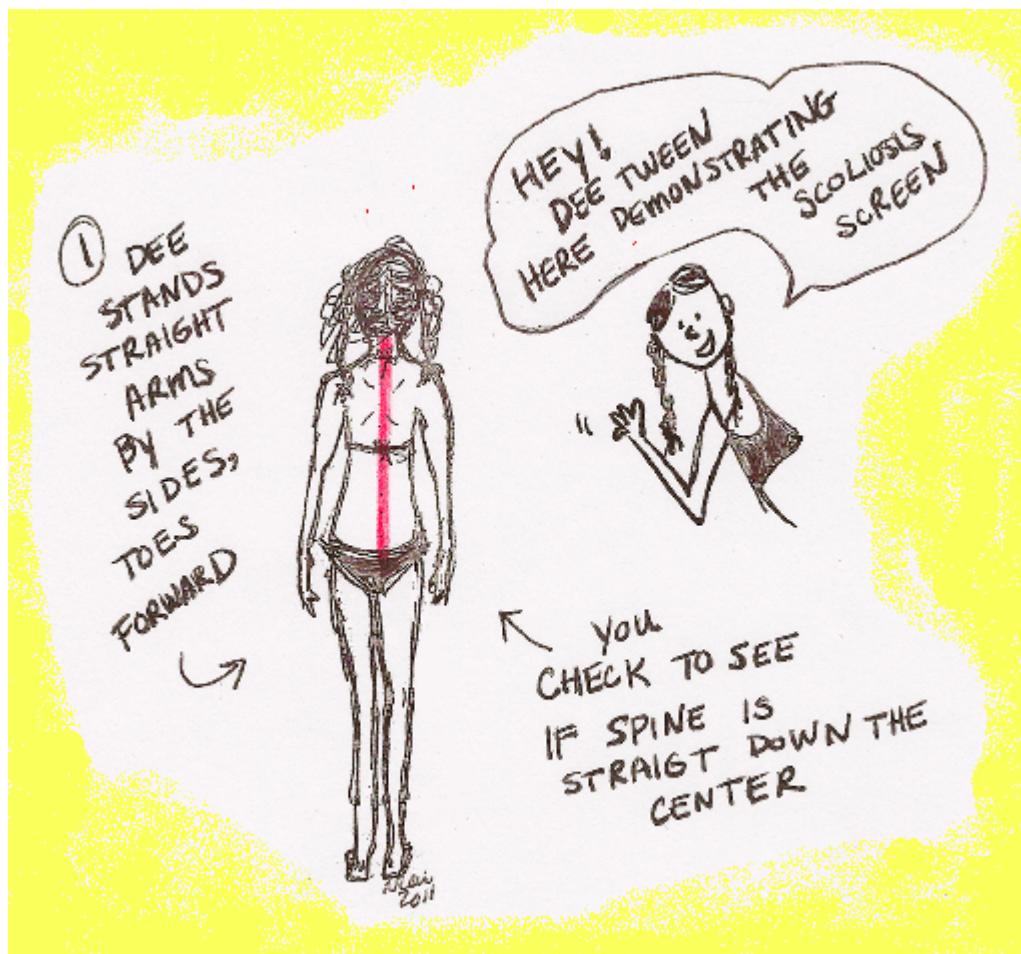


How to check for scoliosis: as easy as 1-2-3

Ever wonder what the school nurse or your kid's pediatrician is looking for during a scoliosis screen? Here, in three steps, you can also monitor your child. If you are concerned, see your child's doctor.



②

DEE,
HANGS WITH ARMS
DANGLING LIKE A
GORILLA. LOOK
STRAIGHT DOWN
AT THE FLOOR.
TOES POINT
STRAIGHT

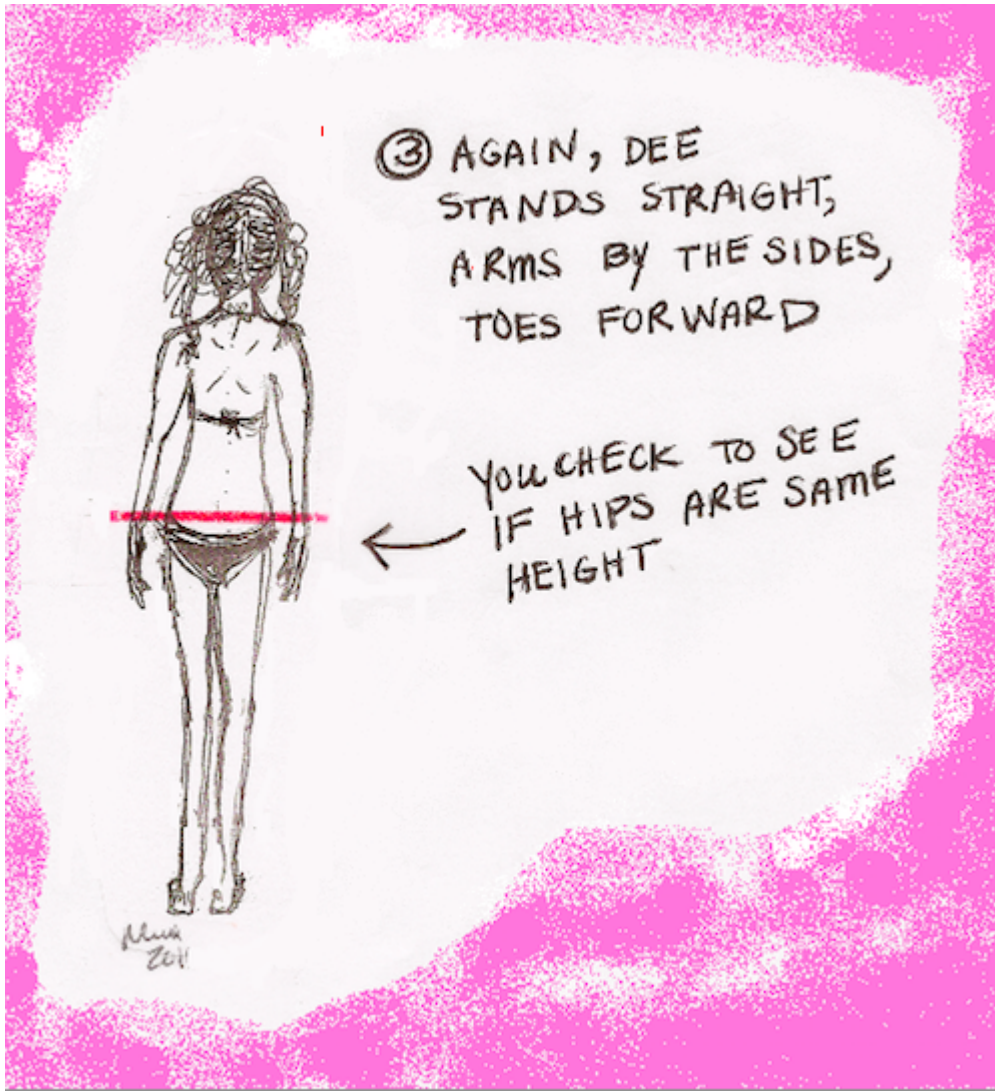


Allen
2011

YOU STAND
IMMEDIATELY BEHIND.
CHECK TO SEE IF
SHOULDER BLADES ARE
EVEN



TOES POINT
FORWARD
(TOUGH TO DRAW)



And dat is how to check dee spine!
Naline Lai, MD and Julie Kardos, MD