Food For Thought with Janet Zappala



Join Two Peds in a Pod as we chat with Janet Zappala, certified nutritional consultant/Emmy award winning television host, on her new internet radio show Food For Thought on Tuesday, Dec. 6th, at 2pm Pacific Time, 5 p.m. EST. We'll have useful parenting tips and holiday nutrition suggestions for getting your kids to eat better. Log in to listen live www.voiceamerica.com