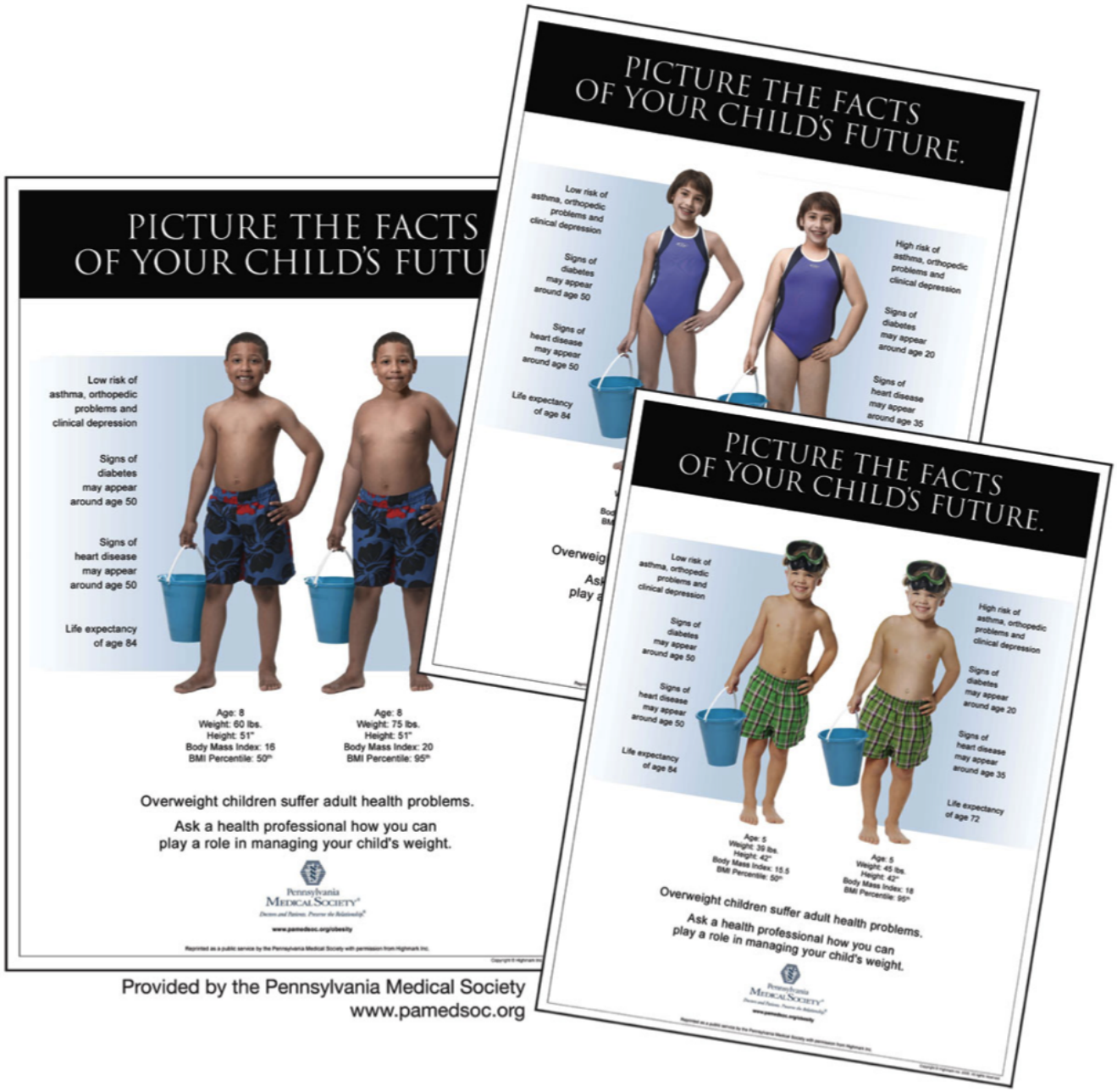
Would you recognize if your child was overweight?



In these posters put out by the Pennsylvania medical society, the children on the right are considered obese.

Nearly all parents of overweight preschoolers and most parents of obese kids are unaware their children are classified as such , say researchers at New York University and two other

medical centers. Click here for Happy Healthy Kids‘ interview with Dr. Kardos on the subject.

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