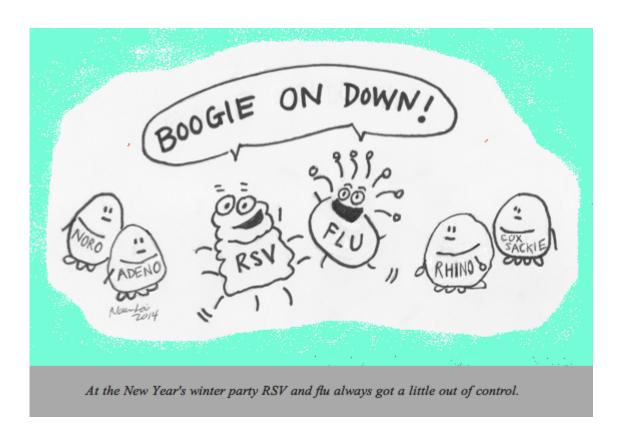
## Is it a cold or the flu?



"Remember: colds = gradual and annoying. Flu = sudden and miserable."

Please read here for our post of how to tell if your your child has a cold or the flu.

Stay well, may the new year bring you neither one.

Julie Kardos, MD and Naline Lai, MD ©2020 Two Peds in a Pod®