

What to do if you suspect RSV



Cold and flu season is upon us earlier than usual. [Click here](#) for our contribution to Children's Hospital of Philadelphia's Health Tip on What to do if you suspect RSV (Respiratory syncytial virus). [Click here](#) for an example of a sign labored breathing called retractions— when a child is breathing in very deeply.

Yes, we all deserve a break! But with the COVID pandemic, now our kids are experts at hand-washing and know not to rub noses, so hopefully this cold and flu season will leave as early as it came.

Drs. Lai and Kardos

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