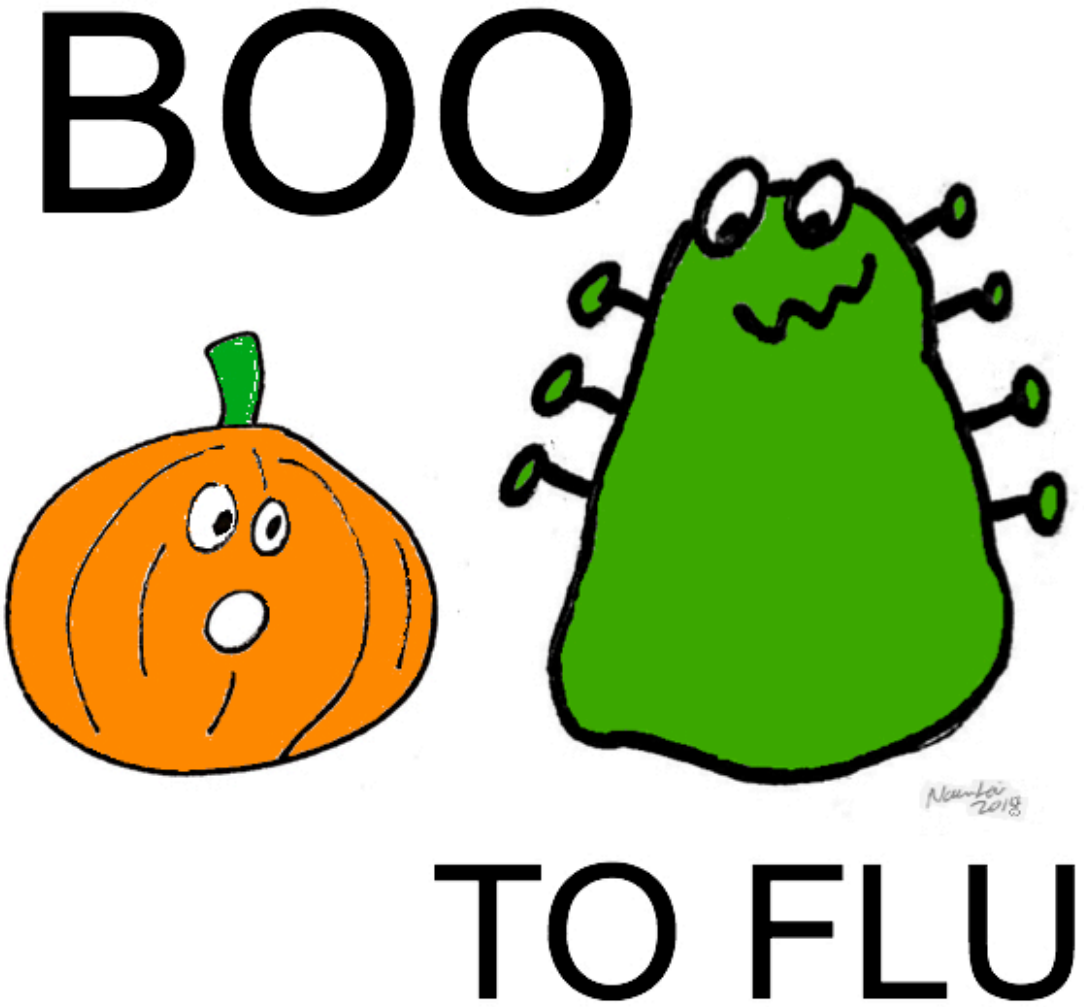
Cold vs. Flu: we’re in a GoodHousekeeping.com post about ways to recognize the difference



The flu is an unwelcome trick-or-treater.

We’re happy GoodHousekeeping.com editor Marisa LaScala quoted us in her recent post about the flu. Click here to read.

Naline Lai, MD and Kardos, MD
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Maiden Voyage

My husband and I finally saw the Star Trek movie the other night, and as I write our first blog entry for Two Peds in a Pod® I feel like I am aboard the USS Enterprise taking off from the space station for the first time, to "explore all aspects of child care, to boldly go where this pediatrician has never gone before," namely, cyberspace.

After all, I spend my work days in my pediatric office seeing patients and interacting with parents directly. The internet was born while I was in medical school and because I was so busy studying, then working and raising a family, cyberspace remains mostly foreign territory to me. However, I realize that the huge majority of my patients' families turn to the internet for all sorts of information, including medical advice. Unfortunately, medical advice in cyberspace is often shady, inaccurate, or incomplete.

Dr. Lai and I hope to give you easily accessible, accurate pediatric information in the form of podcasts for those who are auditory learners and written blogs posts for those who prefer written material.

We will address the everyday questions that we hear from parents in our practices and we welcome your suggestions. Please email us at twopedsinapod@gmail.com to suggest future blog post and podcast content. We promise to keep our podcasts and blog entries brief so we can give you maximum information with your time constraints in mind.

Thank you for being a part of our maiden voyage.

Julie Kardos, MD